

Developmental and Behavioral Pediatric Resources

Emergency Mental Health

-Please contact one of these locations if your child is a danger to himself/herself or others. If it is not possible for you to take them in a car to the location, please call 911.

Aspen Pointe: www.aspenpointe.org

Phone: (719) 572-6100 **Address:** 2864 S. Cir. Dr. Suite 600, Colo. Sprgs, CO 80906

Aspen Pointe's goal is to provide child and family-focused, goal-driven and evidence-based treatment designed to achieve immediate results and long-term recovery. They offer counseling services that include: depression, anxiety, adjustment disorders, stress reduction/suicide prevention, panic disorders, mood disorders, abuse (physical, mental, sexual), anger management, sleep disorders, parenting, behavioral disorders, grief, body image and eating disorders, and traumatic brain injury.

Cedar Springs Behavioral Health System: www.cedarspringsbhs.com

Phone: 719-633-4114 **Address:** 2135 Southgate Rd., Colo. Sprgs, CO 80906

Cedar Springs Hospital provides mental health and chemical dependency services for individuals of all ages. The hospital maintains the highest standards of clinical excellence in order to meet patients' mental health and chemical dependency needs. They offer acute psychiatric care, child/adolescent residential treatment, and Reactive Attachment Disorder (RAD) residential treatment.

Highlands Behavioral Health System: www.highlandsbhs.com

Phone: 720-348-2800 **Address:** 8565 Poplar Way, Littleton, CO 80130

Highlands Behavioral Health System is a specialty hospital providing stabilization and treatment for individuals experiencing a mental health crisis. Admission criteria may include, but are not limited to: suicidal thoughts, homicidal thoughts, psychosis, delusions, mania, depression and other mental health illnesses.

Diagnosis

Annelise Spees, MD, FAAP- Doctors Medical Group of Colorado Springs

www.drannelise.com

Phone: (719) 531-0409

Dr. Annelise Spees is Board-Certified in the Subspecialty of Developmental-Behavioral Pediatrics by the American Board of Pediatrics. She has been evaluating children for developmental delays, Autism Spectrum Disorders, ADHD, mood disorders, congenital syndromes, depression, anxiety, school difficulties, and behavior concerns for the past eighteen years. Dr. Annelise Spees completed a Fellowship in Ambulatory Pediatrics in 1986 and has had a special interest in developmental issues since that time.

The NeuroConnection Inc.

Phone: (719) 575- 0357

The NeuroConnection Inc. is specifically for children ages four to sixteen that are experiencing neurological and neurophysiological impairments. Their evaluations include medical, cognitive, education, and behavioral aspects of assessment. The tests performed are primarily to assess levels of brain functioning.

ADHD Resources

Attention Deficit Disorder Association: www.add.org

The Attention Deficit Disorder Association provides information, resources and networking opportunities to help adults with Attention Deficit Hyperactivity Disorder lead better lives. Although this is a site for adults it provides helpful resources for individuals of all ages with ADHD/ADD.

ADHD Resources (continued)

ADDitude Living Well with Attention Deficit: www.ADDitudemag.com

ADDitudemag.com offers helpful resources for Parenting and ADHD children, these topics include, but aren't limited to the following: discipline, behavior therapy, hyperactive children, making friends, parenting skills, schedules and time, organizational help, health, eating, sleep problems, self-esteem, etc.

Children and Adults with Attention Deficit/Hyperactivity Disorder: www.chadd.org

CHADD's primary objectives are: to provide a support network for parents and caregivers; to provide a forum for continuing education; to be a community resource and disseminate accurate, evidence-based information about ADHD to parents, educators, adults, professionals, and the media; to promote ongoing research; and to be an advocate on behalf of the ADHD community.

Moms with ADD/ADHD: www.momswithadd.com

This website consists of Terry Matlen's musing on motherhood and ADD/ADHD. This website is a forum for women with ADD/ADHD filled with book resources, AD/HD products, and articles.

The Sensory Processing Disorder Resource Center: www.sensory-processing-disorder.com

This website will help explain the definition of Sensory Processing Disorder and offer links that may be of assistance when you are uncertain about your child(s) behaviors or diagnosis.

Autism Therapy

ACES Colorado Springs: www.acesautism.com/aces_co.html

Phone: (719) 924-4533

Email: co@acesaba.com

Using the very latest and most widely accepted teaching and therapeutic methodologies, ACES aspires to help each individual with autism and other developmental disabilities fulfill his or her maximal potential.

Alpine Autism Center: www.alpineautismcenter.org/site

Phone: (719) 955-3767

Alpine Autism Center opened its doors in October of 2005. They were the first treatment facility in the Pikes Peak Region for children diagnosed with Autism. They are a private, non-profit state-of-the-art treatment facility providing data-driven, evidence-based, individualized, one-to-one therapy utilizing the principles of ABA

Autism Behavioral Associates Inc. (ABA Inc.): www.autismbehaviorassociates.com

Phone: (719) 571-9830

Email: info@autismbehaviorassociates.com

ABA Inc. provides behavior based interventions to all individuals with behavior programming needs, in particular Autism Spectrum Disorders. ABA Inc. relies on research-based methods in developing programs for individuals to enhance their quality of life, independent living skills, and communication, social as well as academic skills.

Colorado Springs ACI Learning Center: www.autism.concepts.com/pages/aci_colorado_location

Phone: (719) 579-6440

Autism Concepts, Incorporated (ACI) is dedicated to providing interventions based on the principles of applied behavior analysis to motivate children with autism spectrum disorders or other developmental delays to independently communicate, play, and socially engage in their community.

Developmental Behavioral Health: www.developmentalbehavioralhealth.com

Phone: (719) 387-8080

Developmental Behavioral Health's mission is to provide high quality, research-based, data driven, and competently delivered applied behavior analysis services to the Colorado Springs and surrounding community. These services will be provided not only to the client, but also to the parents, school staff, and any other person involved in the client's journey towards independence and increased happiness.

Other Therapeutic Services

Child Development Center of Colorado Springs, Inc: www.cdcrehab.com

Phone: (719) 574-8300

The Child Development Center specializes in occupational therapy, physical therapy, speech therapy, and warm water pool therapy. They also have a community resource liaison, diagnostic evaluation clinic, and rehabilitation clinic.

Developmental Pediatrics: www.pikespeakkids.com/developmentalpediatrics/

Phone: (719) 475-0477

Email: developmentalpediatrics@comcast.net

”Developmental Pediatrics is a pediatric rehabilitation clinic that specializes in the development of infants and children with special medical needs. They provide a full range of services including comprehensive developmental evaluations, physical, occupational, and speech therapies, aquatic and sensory based therapies.”

The Dyslexia Center: www.thedyslexiacenter.org

Phone: (719) 227-0026

Email: info@TheDyslexiaCenter.org

“The Dyslexia Center provides diagnostic and educational services for children and adults with dyslexia and related learning disabilities, professional development for educators and community resources to raise awareness of dyslexia and related disorders.”

Elizabeth Straka Speech Associates: www.strakaspeech.com

Phone: (719) 633-9114

“Open since (1991), Elizabeth Straka Speech Associates provides private speech, language and social communication therapy by skilled, certified Speech-Language Pathologists. Their therapists address articulation, verbal language, augmentative communication, social/pragmatic language, autism communication needs and more in children and adults.”

Learning Rx Colorado Springs Brain Training Center:

www.learningrx.com/colorado-springs-north

Phone: (719) 550-8263

Email: cospringsnorth.co@learningrx.net

Learning Rx is the largest one-on-one brain training company in the world. They offer research based programs that strengthen the underlying cognitive skills that make thinking and learning possible. Students diagnosed with autism, ADD, dyslexia and other learning disabilities experience measurable and significant improvements after completing Learning Rx’s targeted brain training programs. In fact, children and adults of all ages score higher on IQ tests-on average of 15 points- after completing brain training at LearningRx

Memorial Hospital for Children Pediatric Rehabilitation Services:

www.mhchildren.com/wps/wcm/connect/MHS/CH/Site/Our+Services/Autism+_+Developmental+Disorder+Care

Phone: (719) 365-5422

Memorial’s Autism and Developmental Disorder Clinic is physician-based. That means that a board-certified developmental pediatrician is a key part of the diagnostic and treatment team that is rounded out by a physiologist, an occupational therapist and a speech therapist. This team works with the family to tailor a treatment program and follow-up plan.

PlayDate, Inc.: www.myplaydate.org

Phone: (719) 271-9975

Email: info@myplaydate.org

PlayDate was founded to provide children with autism and other disabilities the opportunity and tools to learn social skills that can help them make friends, navigate day-to-day interactions, and build better relationships. They do this both through group instruction and interaction and through one-on-one services provided at home or in our center.

Other Therapeutic Services (Continued)

Shandy Clinic: www.shandyclinic.com

Phone: (719) 597-0822 (North Colorado Springs)/(719) 434-3743 (South Colorado Springs)

Email: info@shandyclinic.com

They are a group of speech, occupational, and physical therapists who believe in providing excellent care to the whole child. They treat a variety of diagnosis including children with autism, pervasive developmental disorders, neurological impairment, orthopedic impairment, and general delays in development.

Respite Services

Goodwill Industries of Colorado Springs: www.goodwill-colosprings.org

Phone: (719) 785-9239

“Whether you need a date night or daily help - they will care for your loved one, in your house, while you get a much-deserved break. Goodwill providers are trained and certified in caring for people with Autism Spectrum Disorders as well as certified in CPR and First Aid.” They offer specialized programs for every family in order to cater to each individual’s need.

Pikes Peak Respite Services: www.pikespeakrespite.com

Phone: (719) 659-6344

Pikes Peak Respite Services include “Individualized care for your loved one who requires intense medical care or supervision because of a disability. It is time off for the caregiver to attend meetings, appointments, spend time with family or friends, run errands or just take a nap. They provide respite care for individuals with special needs as well as their typical siblings. They advocate on behalf of families for many reasons including; IEP meetings, family preservation, and to find funding sources... Pikes Peak Respite Services frequently ventures out into the community to attend concerts, play in the park, shop at the mall, or go to a movie.”

Zach’s Place: www.sksfcolorado.org

Phone: (719)329-1717

Zach's place mission is to promote, strengthen, and support individuals with disabilities & their families. They provide families in the Colorado Springs and surrounding areas a place for respite care for their children with disabilities ages 5 to 21. Originally, it was designed for children with developmental disabilities but it is open to others as well. They offer structured and free play and teach life skills and socialization skills. They provide respite care (temporary time apart for parent/caregiver and child) in a home-like environment and have children daily after school and on school breaks.

Counseling

A Children’s Counseling Center: www.achildrencounselingcenter.com

Phone: (719) 570-7188

A Children’s Counseling Center is a group of therapists – each of whom maintains a separate and independent private practice. The staff has extensive experience with children and families, which assures you comprehensive mental health services. Their treatments includes the following: individual therapy, play therapy, family therapy, group counseling, special advocate services, co-parent coordinator services, and child and family investigation. They also offer adoption/attachment groups, co-parenting classes, divorce adjustment groups, and postpartum depression groups.

Dave Draxton, Licensed Professional Counselor

Phone: (719) 475-8038 ext. 929

“His values are strongly marriage and family centered. He is very experienced in transpersonal psychotherapies and multi-cultural counseling, he is open to individuals wanting to discuss whatever their personal spiritual or cultural experiences and strengths may be, without imposing an agenda of his own... In conjunction and as needed, he utilizes the following therapeutic approaches: cognitive, cognitive-behavioral, play art, guided relaxation and imagery, communication skills, assertiveness and anger control skills, parenting skills, ADHD coping skills, skills for dealing with bullies, and other relationship enhancement skills.”

Counseling (Continued)

Linda Thede, PsyD.: www.heartforlistening.com

Phone: (719) 473-9200

Dr. Linda Thede is experienced in psychotherapy, assessment, & counseling services for children, adolescents, and adults. She provides education, skill development, and help in changing behaviors for the following: social skills, development time management, skills, organizational skills, mood management, stress management, anger control, conflict resolution skills, healthy boundaries, sensory need, and environment management. She works with adults and children with Autism Spectrum Disorders (Asperger's Disorder, Autistic Disorder, PDD-NOS), Attention-Deficit/Hyperactivity Disorder (ADHD), anxiety disorders, depression and other mood disorders, interpersonal conflict or relationship problems, behavior problems, emotional problems, coping/problem-solving difficulties, and Sensory Integration Problems.

Resources

PEAK Parent Center in Colorado Springs: www.peakparent.org

Phone: (719) 531-9400 Hotline: 1-800-284-0251 Email: info@peakparent.org

The mission of PEAK Parent Center is to provide training, information and technical assistance to equip families of children through birth through twenty-six including all disability conditions with strategies to advocate successfully for their children.

The Resource Exchange: www.tre.org

Phone: (719) 380-1100 Email: info@tre.org

The Resource Exchange is instrumental in early intervention, eligibility inquiry for support services, children's extensive support, family support services, community coordination/case management, respite services, support living services, and comprehensive services.

School Crossing: www.eschoolcrossing.com

Phone: (719) 271-9975 Email: Eschoolcrossing@msn.com

A superb mix of over 20,000 top-quality educational resources can be found at School Crossing, it's a "favorite" place for parents, teachers and kids alike in Southern Colorado.

Autism Support Resources

Autism and Asperger Connection: www.autismaspergerconnections.org

Phone: (719) 344-5619 Email: info@autismaspergerconnections.org

Autism and Asperger Connection's mission is to promote communication between families, individuals and professionals in the Colorado Springs community to provide autism support, information and resources.

Autism Society of America: www.autism-society.org

Phone: 1 (800) 328-8476

The Autism Society "exists to improve the lives of all affected by autism". The Autism society is instrumental in "increasing public awareness about the day-to day issues faced by people on the spectrum, advocating for appropriate services for individuals across the lifespan, and providing the latest information regarding treatment, education, research and advocacy".

Autism Speaks: www.autismspeaks.org

Family Services:

Phone: (888) Autism2 (288-4762) Email: familyservice@autismspeaks.org

"Autism Speaks is North America's largest autism science and advocacy organization. The organization is dedicated to funding research into the causes, prevention, treatments and a cure for autism; increasing awareness of autism spectrum disorders; and advocating for the needs of individuals with autism and their families. Autism speaks' family resources include the Autism Video Glossary, a 100 Day Kit for newly diagnosed families, a School Community Tool Kit and a community grant program".